



MASTER GOALS LIST

A master list for your goals – this week, this month, this year and five-year. Smaller goals can feed into the large ones.

Goals For This Week ✓

1		
2		
3		
4		
5		

Goals For This Month ✓

1		
2		
3		
4		
5		

Goals For This Year ✓

1		
2		
3		
4		
5		

Five-Year Goals ✓

1		
2		
3		
4		